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Fees:

- The fee for individual sessions is \$100. For couples and families, the fee is \$150. Fees are payable at the time of our session via credit card, or by check.
- Fees may also be paid remotely using any credit card by going to my website and clicking on the "fees" tab, where you may pay with PayPal or with any credit card. This is especially useful when paying for a sessions for another person, or when you would like to pay in advance of our session.
- There may be times when my fees will change.

Cancellation Policy:

- Your appointment time will be reserved especially for you.
- If you are unable to attend your appointment, or if you need to reschedule, please do so at least 24-hours in advance of our appointment time.
- **No-shows and late cancellations (less than 24 hours in advance) are billed at the regular session fee.**

Insurance:

I don't accept insurance as payment, however, you may be able to be reimbursed. Contact your insurance company to find out more. Tell them you wish to see a "non-participating licensed behavioral health provider," and ask them how much they will reimburse for your sessions with me. At your request, I'll then provide documentation of our sessions and the fees you paid for you to submit to your insurance company. This documentation will include a diagnosis, which is required by the insurance company. The diagnosis most of my clients receive is called "Adjustment disorder," which translates to mean, roughly, that you are going through something difficult and are having a hard time adjusting.

Please sign below to indicate that you accept all of the terms on this page:

Client (and/or parent/guardian, if applicable)

Date